

# NLP Foundation - Developing Excellent Interpersonal Skills



## Course length: 2 days

Reed Business School has developed a series of Continuing Professional Development workshops to uniquely enable senior managers to drive a measurable difference in the performance of their teams and organisations.

This CPD course is for anyone who wants to achieve more out of their lives and careers, develop productive and rewarding relationships, easily overcome personal and interpersonal issues and communicate effectively and credibly.

Neuro-Linguistic Programming is a study of how our perceptions and thought processes guide our habitual behaviours, and by developing greater awareness and a powerful set of practical skills, we can more easily influence the everyday events that bring us closer to our personal and professional goals. NLP has been implemented and proven over the past 40 years in all areas of personal development and forms the basis of many of the most effective personal change and coaching toolkits.

This course is delivered by Peter Freeth, one of only 6 Society of NLP licensed Master Trainers in the world.

### Overview:

- This two day course covers the basic elements of NLP and gives you an excellent foundation of practical skills that you can use right away to achieve more in your work and life and greatly improve the quality of your relationships.
- The Foundation can be extended in future into a fully SNLP certified Practitioner training, should you wish to pursue your further study in NLP.

### Course objectives:

- Understand yourself and others
- Explore how people learn and develop their behaviours and responses
- Discover the secrets to productive and rewarding relationships
- Learn the process for developing powerful personal goals

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## Dates and fees

**Please see our website for course dates**

**Course fees:** £595 + VAT

Optional accommodation is available to book the night before and includes breakfast and lunch. Delegates attending on a non-residential basis will be provided with self service breakfast, beverages and lunch.

For details of our accommodation options and fees, please view our website.

## How to book

Visit Reed Business School website and book on-line

[www.reedbusinessschool.co.uk](http://www.reedbusinessschool.co.uk)

## Enquiries

### Reed Business School

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